

CARLISLE ONE WORLD CENTRE

www.cowc.co.uk
Newsletter Spring 2010



Climate Change campaigners from Carlisle and South Lakeland on their way to Glasgow to join thousands of others at The Wave on 5th December 2009

Welcome!

There is a lot to celebrate this Fairtrade Fortnight as well as your swaps for the Big Swap campaign (www.fairtrade.org.uk/thebigswap). We are marking the 5th anniversary of Carlisle's accreditation as a Fairtrade City in Fairtrade Fortnight 2005 with a special **Fairtrade Tea Party!** We will have guest speakers from the original Fairtrade campaign and a special guest from a Fairtrade cotton co-operative in India. We will also be holding **coffee mornings** and other events including a showing of the film **Black Gold** in Foxes with Joe Human along to speak afterwards. We hope you can be part of this year's celebrations in one form or another. See below for a full list of events.



We are also holding events as part of our campaign work to follow on from the successful Countdown to Copenhagen campaign on climate change (June – Dec 2009). We have received further funding to hold more public awareness activities this year and we are working through Sustainable Carlisle which is growing in capacity and numbers to continue the campaign. A series of films have been taking place in Foxes Café and we are hoping to hold more talks and public events over the coming months.

Check out:

www.sustainablecarlisle.org for more information about this group and forthcoming events. Sign up for the mailing list or contact Mark Lloyd for more information (mark@sustainablecarlisle.org).

Adrienne Gill
COWC Development Officer
agill.cowc@gmail.com

Carlisle Fairtrade Fortnight 2010 Events

Wed 24th February 7pm, Tithe Barn
Tea Party to mark 5th Birthday of Carlisle's Fairtrade status with Krishnan Sainathan, Agrocel Fairtrade Co-op in India

Thurs 25th February 7pm for 7.30pm, Morton Manor
Fairtrade Talk by Ruth Taylor of Shared Interest with Soroptimist International Carlisle

Sat 27th February 10am – 12pm, Old Town Hall
Fairtrade Coffee morning with Christian Aid

Wed 3rd March 7.30pm, Foxes Café
Fair Trade Film Black Gold with Joe Human

Sat 6th March 10am – 12pm, Old Town Hall
Fairtrade Coffee Morning and Big Swap Event with Carlisle Fairtrade Group

All events Free of Charge
For more info tel: 01228 550385
or email: lorna@carlisleworldshop.co.uk
www.carlislefairtrade.co.uk

Counting down to Copenhagen... and Up Again!

Between June and December last year the COWC Campaigns Group Countdown to Copenhagen campaign made an impact on people and politicians from all over North Cumbria. Some of the more successful things we did were:

- The sell-out showing of Age of Stupid in Tullie House in September
- Production of a bookmark with info and links on it and circulation to schools and organisations as well as to members of the public
- Mass rally in Carlisle City Centre in October
- Climate Emergency Talk in November
- Sending 50 people to The Wave in Glasgow in December as well as some to London to march and meet with Ed Miliband afterwards.
- Sending 3 people to the actual Copenhagen Summit in December
- Other film showings in Foxes
- Great media coverage of all the above

Congratulations and thanks to Mark Lloyd who coordinated all of the above and to other volunteers such as Helen Atkinson and Carl Sowerby for their art and design work, Kitty Booth-Clibborn for facilitation and chairing meetings and many others who helped out with the above events. The final main event of the year was the send off of the "Copenhagen 3" from COWC on Saturday 12th December. They returned a week later, having experienced a wide range of challenges including cold, hunger and homelessness at the summit and felt more inspired than ever to continue the work of spreading the message about climate change.

In 2010, while the COWC Campaigns Group will continue to meet as before, much of the campaigning, information and advocacy work will be handed over to Sustainable Carlisle which will, in its own way, be looking to become more sustainable! Where possible we will be linking the global to local issues such as recycling, green energy, allotments, green spaces and cycle routes.

www.sustainablecarlisle.org

Sustainable Carlisle

We are a network of people and projects in Carlisle that want to make our city more sustainable for ourselves and for following generations. We wish to help create a peaceful, vibrant, resilient future based on ecological wisdom and social justice.

We will do this by:

- *Increasing awareness of local and global issues surrounding Climate Change and Peak Oil.*
- *Helping to reduce Carlisle's overall Green House Gas emissions and dependence on Fossil Fuels.*
- *Whilst we do this, we will take every reasonable step to minimise the Green House Gas emissions resulting from our group's activities.*

World leaders failed to agree to significantly reduce emissions at the UN Climate summit in Copenhagen

Governments aren't leading by example but you can do your bit to reduce your carbon foot print, which will help to avoid catastrophic climate chaos!

Are you interested in:

- . lift share schemes
- . cycling
- . planting trees
- . permaculture gardening
- . making your home energy efficient
- . local food sources
- . saving money

Find out more, contact:

mark@sustainablecarlisle.org



How to Save 4 Tonnes of CO2

Very few things actually save a tonne of CO2. Here they are. Anyone can do 4 of these to save 4 tonnes. You may even be able to do all ten and so halve your CO2 emissions. Most other actions are small fry - go for the big savings to make a real difference. We don't claim they're all easy but they are all do-able, and frankly they are the only choices we have right now.

1. Fly one less long haul trip (outside Europe). 1 tonne CO2
2. Fly three less short haul trips (within Europe). 1 tonne CO2
3. Get a better car:
 - A 40mpg instead of 30mpg, or a 60mpg instead of 40mpg. 1 tonne CO2
4. Drive 3000 miles less per year. 1 tonne CO2
5. Have 75% of your food be UK grown AND seasonal. 1 tonne CO2
6. Reduce Meat & Dairy consumption by 75%. 1 tonne CO2
7. Give your house a Thermal Makeover:
 - Use your thermostats and timers effectively: 18C and off earlier. 0.3 tonnes CO2
 - Wash clothes on cold setting and hang out to dry. 0.3 tonnes CO2
 - Swap appliances older than 10 years with A rated ones. 0.3 tonnes CO2
 - Insulate your roof to 30cm. 0.3 tonnes CO2
 - Replace an old F rated boiler with an A rated one. 0.6 - 1.2 tonnes CO2
 - Install solar hot water panels. 0.3 tonnes CO2
8. Switch your thermostat 3 degrees lower to 16C. 1 tonne CO2
9. Share your house with an additional person. 1-2 tonnes CO2
10. Shift £2000 of spending from high carbon goods to low carbon goods and services. For example, spend on long lasting products, second hand goods, repairs, live entertainment, education and experiences rather than goods like electronics, building materials and short life products. 1 tonne CO2



Fairtrade Round Up

Since the last newsletter Carlisle Fairtraders have been involved in several high profile Fairtrade events. In September 8 of us took part in the **North Cumbria Girl Guiding centenary celebrations** at Keswick School. We organised two workshops, one with the Trading Game and one with the Fairtrade Snakes and Ladders and delivered these workshops 15 times each between 10am and 6.30pm. It was a lot of work but everyone took turns and the participation from the guides and brownies was fantastic throughout the day. We all really enjoyed being part of such a great day – there was over 2,000 brownies, guides and their leaders at the event – and were delighted to pass the Fairtrade message on to so many new faces.

In January some of us took part in a similar event in the form of a **Fairtrade Schools Conference**. Over 25 schools from all over Cumbria came together to listen to the experiences of other schools and to hear Joe Human and Harriet Lamb, director of the Fairtrade Foundation speak and inspire them. We ran a workshop on Fairtrade fashion to groups as part of the day and these were a great success. Harriet also spoke at the Cumbria Fairtrade Network AGM the following day which some of the Carlisle Fairtrade group attended.

Joe Human came to Carlisle in October to speak at the launch of **Portraits from Ethiopia**, an exhibition of photos taken in 2007 by his son, Richard, in the village of Choche. We brought this exhibition to Foxes café and gallery on Abbey St. and launched it with the Mayor and the Junior Mayor present along with Cllr Geddes and many of our Fairtrade volunteers and campaigners. It was a great night for all, thanks to the Co-op who sponsored it. We were delighted that the exhibition could remain in Foxes for over a month from 23 October to 30 November.

Joe Human is to be heartily congratulated from all of us at COWC and the Carlisle Fairtrade Group. He was awarded an MBE in the recent New Year's Honours list. What a wonderful tribute to the Cumbrian Fairtrade movement as well as to a great campaigner!

Some photos of these events are below. In the meantime, do join us at the 2010 Fairtrade Fortnight events and sign up to campaigns such the Traidcraft and the WI's "Make it Fair" campaign to persuade the 5 big tea companies to swap to Fairtrade - see <http://www.makeitfair.org.uk>.

Finally..if you only do one thing in Fairtrade Fortnight, go to **www.fairtrade.org.uk/thebigswap** to record your swaps. We're looking for 1,000,001 of them – including yours! Don't delay. Get swapping!



Fairtrade Events

Top to bottom: Girl Guides day, Schools Conference and Joe with the Junior Mayor, Jessica Barker at the Portraits launch



Diggin' The Trees

For those who don't know Diggin' the Trees is a new tree planting group.

Up-coming planting days include:



Sat 13th March. Orton

Maggie is creating a community woodland to include coppice and orchard.

Sounds like a lovely project that we'd be welcome to help out at year on year.

It's farmers' market day in Orton and the rumour is the church hall does cream teas!

Wear warm clothes and bring a packed lunch and a spade if you have one.

Contact Emma on 07961613805 or hughes_emma@hotmail.com for directions/lift shares.

COWC Quilt Raffle

For those of you that don't know, we have been donated a beautiful patchwork quilt to raffle.

We are going to split the proceeds between COWC and the education projects in Malawi that Christian Robertson fund raises and seeks sponsors for.

The raffle is taking place up until our AGM on the 18th of June 2010. Tickets are available at the Carlisle World Shop and at many of our forthcoming events.

Forthcoming Events

Wed 24th February 7pm, Tithe Barn

Fairtrade Tea Party to mark 5th Birthday of Carlisle's Fairtrade status with Krishnan Sainathan, Agrocel Fairtrade Co-op in India



Thurs 25th February 7pm for 7.30pm, Morton Manor

Fairtrade Talk by Ruth Taylor of Shared Interest with Soroptimist International Carlisle

Thu 25th Feb 7.30pm, The Source Café

Sustainable Carlisle Funding Meeting

Sat 27th February 10am – 12pm, Old Town Hall

Fairtrade Coffee morning and stall with Christian Aid

Tuesday 2nd March 7.30pm William Howard School, Brampton

Lecture - Global Warming & Cosmic Rays

Wed 3rd March 7.30pm, Foxes Café

Black Gold with Joe Human

Sat 6th March 10am – 12pm, Old Town Hall

Fairtrade Coffee Morning with Big Swap Activities

Wednesday 10th March 7pm, COWC (and every second Wednesday of each month)

Carlisle Amnesty Group meeting

Sat 13th March 10am – Orton

Diggin The Trees

Sat 13th Mar, 10am-3pm, Quaker Meeting House

Sustainable Carlisle Full Network Meeting

Wed 17th March 7.30pm, Foxes Café

End of Suburbia

Wed 7th April 7.30pm, Foxes Café

An Inconvenient Truth

Saturday 8th May, 6.30pm Carlisle Cathedral

Fairtrade Fashion Show. Contact the Carlisle World Shop for more information about this exciting event!

Friday 18th June, 7.30pm Waterton Hall

COWC AGM with Lord Frank Judd

COWC Food Voucher Scheme

We are looking for a new volunteer to run this scheme which helps dozens of young and homeless people each year. You should be available to start in the next few months, preferably by June. The work will involve some admin and keeping records. Occasional meetings and, if you wish, funding bids. Contact the centre if interested.

Farewell to Greg

After resigning as Chair of COWC at the last AGM, Msgr Greg Turner has decided to stand down from the COWC Management Committee. He is already greatly missed but we hope to see him at future events! We hope to have some new officers in place by the AGM.

Contact us

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Chair: Rachael Rodwell (acting)

Secretary: Lucy Maddox

Treasurer: Frances Robinson

Development Officer: Adrienne Gill